

Keysville City Messenger



CITY NEWS



FROM THE MAYOR'S DESK

“Aint Nobody’s Business if I do”

Child, Shut Your Mouth! “Honey hush”, or Girl you lying”. Are just a few of the word that can be heard amid a group of gossipers. Tending to someone else’s business can fill a room with anticipation and excitement as one waits to hear the juicy report about the affairs of our brothers and sisters. It is awful that there are still people in this world who feel the need to make others feel bad about the choices they make in life. Trying to make people feel bad for their personal decisions is selfish and immature. People who are unable to mind their own business are most likely miserable on the inside. “Everyone has faults and there is a fine line in helping someone get through their situation and pointing a finger. Just because you don't understand the situation does not mean it is bad; if it works for others, let it be and stay out of it. Stop being so quick to judge other and take a few minutes to examine your own life. If a situation concerns you or you have experience in that area and can offer advice, then it’s time to stand up and to talk. It’s time that we stop being so critical of other people and focus on creating more peace and less drama in this world. If someone paid you one dollar for every kind word you said about people, and five cents for every unkind word, would you be rich or poor? Gossip and slander ruin reputations and families, break up marriages, separate friends,

destroy communities and, yes, even divide churches. Knowing gossip is so destructive, why do we do it? Some gossip to boost their ego, others gossip because gossip makes them feel superior over the person they are talking about. Even if you spread the truth, it does not justify passing on hurtful information about someone. In **Proverbs 20:19** it says, A gossip betrays a confidence; so, avoid anyone who talks too much (NIV). Yes, participating in negative conversations harms us spiritually. So, let subscribe to the THINK formula before we speak of anything that might be controversial, if it doesn’t pass the test, don’t say it. It’s as simple as that.

T—Is it true?

H—Is it helpful?

I—Is it inspiring?

N—Is it necessary?

K—Is it kind?

Perhaps Paul put it best when he said, “Finally, brethren, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is gracious, if there is any excellence, if there is anything worthy of praise, think about these things” (**Philippians 4:8**). By doing this gossip will cease. Let us all strive to use the power of our words for healing not hurting. Have a Happy Easter and remember. Be Kind!

Mayor Linda Wilkes-Davis

**GREAT MINDS
DISCUSS IDEAS;
AVERAGE MINDS
DISCUSS EVENTS;
SMALL MINDS
DISCUSS PEOPLE.**

ELEANOR ROOSEVELT

LAW AND ORDER

Drag racing and speeding:

Drag racing and speeding are prohibited on our city streets and especially in our neighborhoods.



This is dangerous and could have fatal results. Please be mindful that we have children playing in the area, elderly drivers, and a steady flow of other drivers on our city streets. So, let’s stay safe and take our races to the track. We don’t want to ever hurt the people we know and love.

Gone but Never Forgotten April 2017

Ms. Nollie M. Twigg

Ms. Bessie Allen

**Our sincere condolences to the
Twigg and Harden Family.**



FAITH & WELLNESS DESK: WALKING

Walking has many benefits to your health, its free and available to everyone. It can be small or large steps; moving your body requires muscles that are control by the brain (mindset). You can walk with a partner, group or walk by yourself its free. I have experienced the tranquillness of walking by yourself. It takes your mind to places you have never been, past, or coulda, shoulda, outta. Walking alone gives you the opportunity to invite God into midst of your path. A walk and talk with God establishes an intimate conversation. An unbroken communion with my Lord and friend. The Holy Spirit controls my thinking; His Guidance calms my troubled heart, peace my mind and fulfills me with directions and clarity to know right from wrong. You see, when you are Spiritually minded, you keep yourself focused on the Word of God as the answer which produces real lasting peace and which gives you clear answers, understandings and right directions. In our spiritual life walking in his grace will keep the heart flowing in love, joy, peace, patience, kindness, goodness, gentleness, faithfulness and self-control of the Spirit because the Holy Spirit is the strength that produces these spiritual fruits. It seals us and keeps us. (Eph 1:13-14) and the Holy Spirit tells us Who that Savior is – Jesus of course. Let's count our steps. Fitbit 10,000 steps a day.

FOLK, KNIFE, SPOON CONNECTION

BANANA PUDDING CAKE

INGREDIENTS 2 VERY, VERY RIPE MEDIUM BANANAS, ROUGHLY MASHED
1 BOX YELLOW OR BUTTER-YELLOW CAKE MIX (BETTY CROCKER SUPER MOIST TURNS OUT BEST)
1 (4-SERVING SIZE) PACKAGE JELLO BANANA CREAM INSTANT PUDDING POWDER
4 LARGE EGGS, LIGHTLY BEATEN
1 CUP WATER
¼ CUP OLIVE OIL

OPTIONAL SIMPLE ICING:

1 TB WARM MILK + 1 CUP POWDERED SUGAR DIRECTIONS

PREHEAT OVEN TO 350F, WITH RACK ON LOWER-MIDDLE POSITION. GREASE AND FLOUR A BUNDT PAN AND SET ASIDE. IN A

ADVERTISEMENTS/ANNOUNCEMENTS MEDICATION RESOURCES

Did you know some pharmaceutical companies offer assistance programs for the drugs they manufacture? Visit the following websites or call.

Pan Foundation- 1.866.316.7263

<https://www.medicare.gov/pharmaceutical-assistance-program/#>

<https://panfoundation.org/index.php/en/pharmacies/who-qualifies-for-pan>

Earth Day 2017

Come Join us for this **FREE** Event!!
Promoting Environmental & Climate Literacy

LOCAL FOOD BOOTHS!
VENDORS CHILDREN'S ACTIVITIES!
Phinizy Swamp Nature Park
Saturday, April 22, 2017
10am-3pm

HEALTH BENEFITS

Morning Lemon & Mint Detox Water

Ingredients

- 8 ounces of water, distilled, spring, or purified (room temperature)
- Juice of 1/2 lemon
- 3 whole mint leaves, do not chop or tear

Directions

Add all the above ingredients to a pretty glass, stir and Enjoy!

Happy Birthday!

Willie Scott April 6
LaVeronica Twigg April 6
Marvin Scott April 10
Mayor Emma Gresham April 12
Troy Walker April 12
Annie Williams-Wright April 13
Zelline Jackson April 18
Meschery Pollard April 25

If you have a birthday coming up?? Let us know before the 15th of each month.

2017 Easter Egg Hunt

The City of Keyssville will be hosting its Annual Easter Egg Hunt!
When: Saturday April 15, 2017
Time: 4:00pm
Place: Keyssville City Park

Joke of the Month

Laughter Therapy as Stress Relief:

I joined a health club last year; spent about 400 bucks. Haven't lost a pound. Apparently you have to show up.

FYI

HELP KEEP OUR CITY CLEAN

Please do not put trash such as paper, bottles, beer cans, etc. on the side of the road or in the ditches. This clogs the drains and prevents the proper flow of rain water. Please use trash cans or plastic bags for your rubbish. Remember together we can win.



FREQUENTLY ASKED QUESTIONS

Can I pay my water bill in cash?

No, only credit card, check or money order.

Can I advertise in the City Messenger?

YES. Advertisements/special announcements in the City Messenger are accepted for a small fee, please contact City Hall.

All announce must be submitted by the 15th of each month and will be available the following month. For example, information submitted Apr. 15th will be printed in May 2017 Issue.

